

FREE

50 CHRISTMAS HOLIDAY IDEAS



GAMES
BINGO
QUIZZES
& SO MUCH MORE

★ ★ ★
**FAMILY
LOWDOWN**

POWERED BY FAMILIES

50 CHRISTMAS HOLIDAY IDEAS

We hope you love using this ideas pack to make your Christmas holidays this year full of fun, laughter and happy memories. Save it to your phone and access it from your pocket, anytime, anywhere!

Flick through the pages to discover some brilliant tried and tested games, quizzes and excellent ideas to keep everyone in your household busy and happy. Say hello to busy happy kids and goodbye to boredom!

This free pack is brought to you by **FAMILY LOWDOWN**. We represent our incredible award winning community of 1.2 million members worldwide. We're committed to bringing you original content to make family life the best it can be.

To find out more visit familylowdown.com



FAMILY GAMES Part 1

Perfect for any family time - fun, low fuss and totally free!

CHARADES

Write down famous films, songs, books and TV shows on scraps of paper. Fold and place in the middle. Play in teams and pick one person to act out what's on one piece of paper. Without talking, the team have to guess what was on the paper. Clues like number of words, syllables and 'sounds like' can help!

NAME THAT TUNE

Find a playlist on Spotify - Christmas tunes would work well! One person plays each song for just 12 seconds and everyone else needs to guess what they are and write them down. If you can't find pens and paper just award a point to the first person to shout out the right answer.

WINK MURDER

Assign one person as the detective and then secretly appoint a murderer - tap on the shoulder or X on a piece of paper. They must subtly wink at another player, causing them to drop dead. The detective should use their skills to correctly identify the murderer. They get three chances.

FICTIONARY

Player one picks an obscure word, and the other players must write down a made-up definition of that word. Player one then reads out each fake definition along with the real one, and the other players should vote for the definition they think is real. Have Google or a dictionary to hand!

FAMILY GAMES Part 2

Perfect for any family time - fun, low fuss and totally free!

HEADS UP

You will need some small balls - ping pong, cotton wool or toy balls and a party hat or bowl/bucket.

You stand with your back to the person with the balls and without turning round you have to try and catch as many balls as you can as they throw them over your head!

Try a time limit or 'first to 5'.

AFTER EIGHT GAME

You'll need a box of After Eights for this game. Everyone gets a chocolate, takes it out of the sleeve and places it on their forehead. The winner is simply the first one to get their chocolate down their face and into their mouth without using their hands.

Try it out with different confectionery too!

MEMORY GAME

Place 20-30 random objects on a tray like a button, a paperclip, a coin, a tea bag etc. Then set a timer for one minute and get each player to memorise as many items as they can. Cover the tray and ask them to write down as many items as they can remember. The winner is the person who can recall the most correct items.

CEREAL BOX SCRAMBLE

Cut out the front of a cereal box and time each other to see how quickly you can rearrange the pieces to make the picture on the front. You could try bigger pieces for the little ones then do another for adults in smaller pieces or more awkward shapes. When finished, don't forget to recycle!

25 EASY FAMILY IDEAS

1. **TOY GIVEAWAY** - Choose some unused toys to give to charity
2. **FAMILY PENPALS** - Pick a family member to write a letter to
3. **TRAYBAKE** - Pick an easy traybake recipe and share with friends
4. **WINTER WALK** - Wrap up and pick a nice destination for a walk
5. **MAKE COLA FLOATS** - Add a scoop of vanilla ice cream to cola - yum!
6. **FESTIVE YOGA** - Check out 'Cosmic Kids' on Youtube
7. **WINTER PAPER DOLLS** - Cut out paper dolls and decorate for winter
8. **FESTIVE FORT** - Create a fort with pillows and blankets and bring snacks!
9. **CARDBOARD CITY** - Use the boxes from presents to make a toy town
10. **INVENT A BOARD GAME** - Google blank DIY board games for ideas
11. **HIDE AND SEEK** - This tried and tested classic is always fun
12. **PAPER SNOWFLAKES** - Fold and then cut out shapes from A4 paper
13. **RAINBOW BATH** - Make a bath and swirl food colouring in it
14. **KITCHEN DISCO** - Stick on some tunes and have a dance off
15. **BOOK CORNER** - Snuggle up in a cosy corner with some good reads
16. **MAKE ICE CREAM** - Google 'ice cream in a bag'. Enjoy!
17. **HOME CINEMA** - Gather snacks, turn off the lights and snuggle in
18. **FAMILY BRUNCH** - Plan a fun brunch menu, then cook and eat together
19. **MAKE LEMONADE** - Look up a recipe and perfect it to your taste
20. **CAR WASH** - Warm soapy water, wellies and old clothes are in order
21. **BUCKET LIST** - Make a 'bucket list' of things to do in 2023
22. **HOMEMADE CARDS** - Make DIY cards for upcoming birthdays
23. **FRIENDSHIP BRACELETS** - Make now and give to friends in 2023
24. **PUZZLE TIME** - Grab a jigsaw, stick on some music and get busy
25. **DIY SLIME OR PLAY DOH** - Google a recipe and get playing.

CAR JOURNEY IDEAS

LICENSE PLATE BINGO

Age 4+

You will need: Pencils and Paper or a good memory!

Each player writes down a word - for younger children you can write theirs down for them but they will need to be able to recognise letters themselves. As you are driving and your car passes other drivers, you all need to be watching out for the license plates on other cars. If you see a letter in your word on a license plate that passes by while you're driving, mark it off your sheet (or in your head!). The winner is the first person who crosses their whole word off.

CAR JOURNEY SNOOKER

Age 2+

Just like snooker on a snooker table you need to 'pot' the colours in a certain order. In this scenario, you do this by spotting that colour car. You can make it harder by starting with 10 reds or just start with one red, then you have to find a yellow then another red followed by a green, back to red then brown etc. until you get to pink which can be particularly tricky! You can also play with a score card and assign points for car colours!

Red = 1

Yellow = 2

Green = 3

Brown = 4

Blue = 5

Pink = 6

Black = 7

**FAMILY
LOWDOWN**

HOME ALONE BINGO

Settle into this Christmas classic or hand round some bingo cards, tell them what prizes are up for grabs and give yourself 90 mins away from the kids!

How to make the bingo cards? Draw nine boxes (3x3) on some paper and then add in at random with the following phrases, then get them to cross them off when they hear them in the film. When a player gets a line, they could be rewarded - with a chocolate for example - and a full house something better - like a full chocolate orange!

YA FILTHY ANIMAL	KEVIN!	"WHY ARE YOU DRESSED LIKE A CHICKEN?"	ZIPLINE	KEISTER
TOOTHBRUSH	WET BANDITS	PIZZA DELIVERY	FURNACE	PEPSI
TARANTULA	MACARONI AND CHEESE	BUD	MARV	"LOOK WHAT YOU DID YOU LITTLE JERK!"
"WE SLEPT IN!"	CHICAGO	RUN RUN RUDOLPH	"I MADE MY FAMILY DISAPPEAR"	WATCHING RUBBISH
"YOU GUYS GIVE UP?"	"I HAVE TO DEFEND IT"	"HARRY, WE CAN TAKE HIM"	DON'T GET SCARED NOW	MICHAEL JORDAN

QUICK CHRISTMAS QUIZ QUESTIONS

10 QUICK QUIZ QUESTIONS FOR ADULTS

1. How many Christmas trees are grown in Europe?
2. What is the most fragrant real Christmas tree?
3. What King was crowned on Christmas Day?
4. Where does the royal family traditionally celebrate Christmas?
5. What is the best-selling Christmas song?
6. What was the coldest ever temperature recorded during a UK winter?
7. Which popular Christmas beverage is also called 'milk punch'?
8. How do you say Merry Christmas in Spanish?
9. How many years do Christmas trees grow for before they are sold?
10. How many gifts are there in the 12 days of Christmas song?

10 QUICK QUIZ QUESTIONS FOR KIDS

1. What colour are mistletoe berries?
2. Where was baby Jesus born?
3. In the movie Elf, what is his favourite food?
4. How many turkeys are eaten in the UK every year?
1 million, 5 million or 10 million?
1. Which fairytale was the first gingerbread house inspired by?
2. What do people traditionally put on top of their Christmas tree?
3. How many ghosts show up in *A Christmas Carol*?
4. What did people used to put inside a Christmas pudding?
5. What gifts did the three wise men bring in the nativity?
6. In the movie Home Alone, where are the family going on holiday?

QUICK CHRISTMAS QUIZ ANSWERS

10 QUICK QUIZ QUESTIONS FOR ADULTS - ANSWERS

1. 60 million
2. Balsam Fir
3. King William 1 of England in 1066
4. Sandringham
5. Bing Crosby's White Christmas - more than 50 million copies
6. -27.2 degrees C
7. Eggnog
8. Feliz Navidad
9. 15 years
10. 364 gifts

10 QUICK QUIZ QUESTIONS FOR KIDS - ANSWERS

1. White
2. Bethlehem
3. Sweets, candies, syrup - anything sweet!
4. 10 million
5. Hansel and Gretel
6. An Angel
7. 3
8. A Sixpence or silver coin
9. Gold, Frankincense and Myrrh
10. France

IDEAS FOR OUT AND ABOUT

CHRISTMAS LIGHTS PHOTO CHALLENGE

Age 2+

This can be done in the car or on foot, it really depends where you live! Create a list of things you need to get photographs of, wrap up and set off outside to get as many of them as you can. Great if you can set off in two teams and see who can get back home with all the photos first.

You can use some of the things below, but feel free to add your own!
Santa, Stocking, Snowman, Christmas Tree, Bauble, Candy Canes, Penguin, Snowflakes

BACK TO BASE

Age 3+

Going on a winter walk can blow away some cobwebs - but you can make it even more fun by playing a game while you are out.

Choose a spot that will be your base, one person is there to guard the base. They count up to 100 while everyone runs to hide - being in a wooded area is probably the best for this game as there are more places to hide!

Everyone needs to try and creep back to base without being seen. The person who is on guard needs to move around to try and spot the others and if they do, they run back to the base and shout "1 2 3 I see..." and then they say the name of person they've seen. That person is then out. If a player gets back to base without being called out, they shout, "1 2 3 HOME!". The game ends when all players are out or back at base. The first person who was out in that round, gets to be the guard on the next game.

Chilled Evening Games

DO YOU WANT TO BUILD A SNOWMAN?

All you need is a dice and a pen and some paper for each player. Roll the dice and draw the body part that matches that number you rolled - but it needs to be done in order (you can't add arms and legs if there is no body!).

1 = Body of snowman 2 = Head of snowman
3 = Left arm 4 = Right arm
5 = Hat 6 = Carrot nose

To make this easier for diddy ones, you can make a snowmen using little twigs or sticks for arms and maybe a bit of real carrot for the nose if you have some left! This means they don't need to draw their freehand and can be more fun for them adding the parts.

THE COUNTDOWN CLOCK GAME

Pick a time, any time - that's in minutes so 2 minutes for example.

You have the countdown clock on your phone or you can watch a wall clock with a second hand. The contestants will then lie down closing their eyes - mainly so you can make sure they don't cheat - and you will start the timer and tell them when you have. They then need to raise their hand (or do a gesture of your choice) when they think they have reached the time set - in this case two minutes. The closest one to the timer wins!

This can be a source of amusement for onlookers, so if you have lots of family round try it with a few of you while a few watch!

NEW YEARS EVE GAMES Part 1

Perfect for any family time - fun, low fuss and totally free!

INDOOR SCAVENGER HUNT

Give everyone something to find in a colour, or to do with a theme. Enjoy watching everyone race around! If you have a group of adults or older kids in your house, try something a little more cryptic e.g. something that will make you laugh. You can then compare items and decide if the item is valid or whose is best!

SAUCEPAN GAME

Write an object or person on a piece of paper and pop it into a pan. Two teams - the first person has to describe what's on the paper to their team not using the word. Use a timer and see how long it takes them to get them all. Next round - you now have only 3 words. Keep a score and have some prizes handy!

WHO AM I

One person writes the name of a famous person on a Post-It and sticks it to the forehead of another player without them seeing. It's the job of the player with the Post-It to ask questions to determine who they are (i.e. the name of the famous person). The other players can only answer yes or no.

SQUEAK PIGGY SQUEAK

The 'farmer' is blindfolded and given a cushion. Everyone else sits on a chair in a circle. Spin the farmer around a few times and they find a lap to sit on. They ask the person whose lap they're on to "squeak piggy, squeak" and have to guess who it is. When right, swap with that person!

QUICK 2022 NEWS QUIZ QUESTIONS

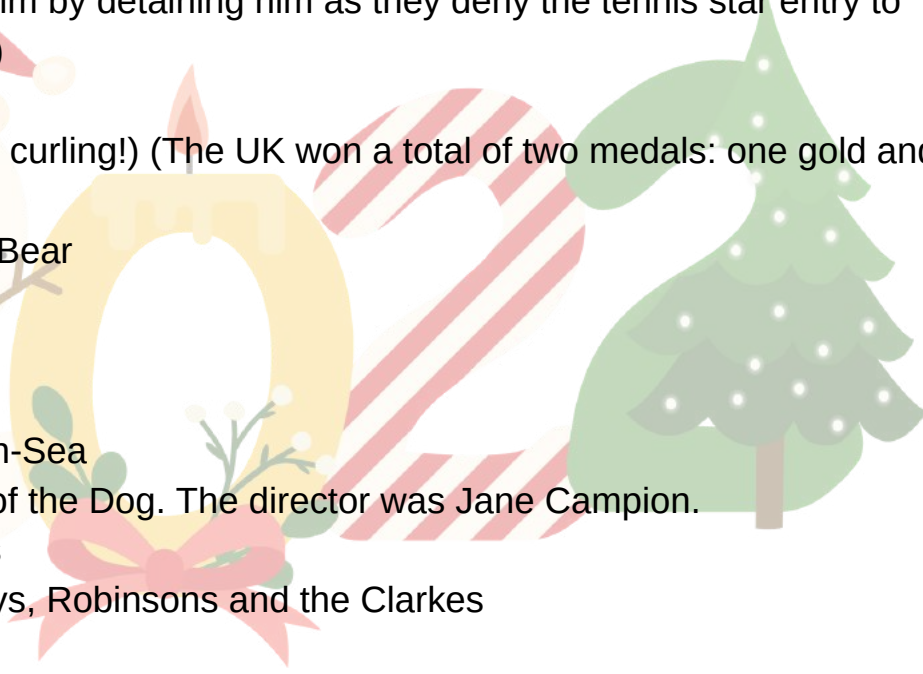
15 QUICK QUIZ QUESTIONS

WHAT HAPPENED THIS YEAR?

1. Which sportsman's father likened his son to Jesus?
2. Which city was stripped of football's Champions League final?
3. How many gold medals did Great Britain win at the 2022 Winter Olympics in Beijing?
4. In June, who famously joined Queen Elizabeth II for cream tea at Buckingham Palace?
5. Which band performed their final concert of the Last Domino? Tour in London?
6. On October 16, which UK soap celebrated its 50th anniversary?
7. Which company accepted a buyout offer from billionaire Elon Musk?
8. On 1 March, 2022, which town became the UK's newest city?
9. Which film became the first directed by a woman to receive more than ten nominations at the Oscars? And who was the director?
10. Which company made 800 employees redundant by video call?
11. Neighbours aired its final episode in the UK on Friday, July 29. The Australian soap began 37-years ago with which three families?
12. Who did Will Smith slap in front of a global audience of millions on live television?
13. How much did Joe Lycett pretend to shred?
14. Which English comedian and panelist of the BBC radio comedy game I'm Sorry I Haven't a Clue sadly died?
15. Visiting the UK in mid-February, what were Dudley and Eunice?

QUICK 2022 NEWS QUIZ ANSWERS

15 QUICK QUIZ ANSWERS WHAT HAPPENED THIS YEAR?

1. Novak Djokovic's (whose father said the Australian authorities are 'crucifying' him by detaining him as they deny the tennis star entry to the country.)
 2. Sue Gray
 3. One gold (in curling!) (The UK won a total of two medals: one gold and one silver)
 4. Paddington Bear
 5. Genesis
 6. Emmerdale
 7. Twitter
 8. Southend-on-Sea
 9. The Power of the Dog. The director was Jane Campion.
 10. P&O Ferries
 11. The Ramsays, Robinsons and the Clarkes
 12. Chris Rock
 13. £10,000
 14. Barry Cryer
 15. Storms
- 

NEW YEARS EVE GAMES Part 2

Perfect for any family time - fun, low fuss and totally free!

READ MY LIPS

Based on the hilarious game from Ant and Dec's Saturday Night Takeaway, pick a category – like food or countries – and write down 10 items in that category.

Play as teams with one person wearing headphones and listening to loud music, while another player mouths the items one at a time for the player to guess.

DRAW IT WRONG

The first person comes up with something and whispers it to the next person. They then draw it (carefully so only the next person can see) and the next person then has to write down what they think it is. This continues until you get to the last person and they shout out what they think it is.

NAME DROP

You will need one person to time a minute and one person to count for this game - so a minimum of three people. You will need to try and name as many celebrities as possible in one minute. You can make this harder by choosing a type of celeb such as B list or movie star.

CHOCOLATE GAME

Place a bar of chocolate on the plate with the knife and fork. Players sit in a circle on the floor surrounding the chocolate and take turns to roll a dice. When they roll a 6, they can eat the chocolate with a knife and fork until the next person rolls a 6. Add in fancy dress to make it fun!



THANK YOU FOR USING THIS BOOKLET

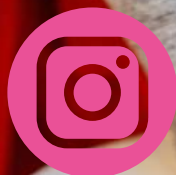
We hope you've had fun using some of the ideas we've shared here. We'd love to know about any you try out in our community on Facebook, **FAMILY LOWDOWN TIPS & IDEAS** so don't

forget to share with the community!

We wish you and your family a happy and healthy 2023.

From the Family Lowdown Team x

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